






Notice of race for the Belgian Championships TR 2026 organised by Surfclub Windekind and the BST


 Saturday 27 June 2026

 Surfclub Windekind, Zuidenwindhelling 1 - 8670 OOSTDUINKERKE, Belgium

 09:00 – 18:00

 €25,- for Elites,
€20,- for Recreants
€15,- for the Cadets

 www.surfclub-windekind.be and www.belgiansuptour.be

 Pre-register on www.belgiansuptour.be until the 25th of June 18:00.
Registration can also be done on site for a small supplement of € 3,-.

Planning

- 09:00 - 10:30 Confirmation – Registration for the competition
- 11:00 Skippers' meeting
- 12:00 Mass start Elites F (3 rounds = +/- 3 km)
and Cadets/Recreants F (2 rounds = +/- 2km)
- 13:00 Mass start Elites M (3 rounds = +/- 3km)
and Cadets/Recreants M (2 rounds = +/- 2km)
- 15:00 Pursuit start F (3 rounds = +/- 3km)
and Cadets/Recreants F (2 rounds = +/- 2km)
- 16:30 Pursuit start Elites M (3 rounds = +/- 3km)
and Cadets/Recreants M (2 rounds = +/- 2km)
- 18:00 Stages
- 18:30 Drink and BBQ (optional, pre-registration on www.belgiansuptour.be)



Stages for the Belgian Championships TR (Belgian nationality only)

- Elites M all: Belgian Champion Lycra, 2 and 3: Medal
- Elites F all: Belgian Champion Lycra, 2 and 3: Medal
- Grand Master M (Born 1986 or earlier)
- Grand Master F (Born 1986 or earlier)
- Grand Kahunas M (Born 1976 or earlier)
- Grand Kahunas F (Born 1976 or earlier)
- Recreants M (no age category)
- Recreants F (no age category)
- Cadets M (U16, born in 2010 and 2011. Kids are allowed to participate with Cadets)
- Cadets F (U16, born in 2010 and 2011. Kids are allowed to participate with Cadets)

Stages for the BST/BeNeSUP Tour TR (all nationalities)

- Elites M all nationalities (Price Money, No age category) : 1, 2, 3: Medal
- Elites F all nationalities (Price Money, No age category) : 1, 2, 3: Medal
- Grand Master M all nationalities (Born 1986 or earlier) : 1, 2, 3: Medal
- Grand Master F all nationalities (Born 1986 or earlier) : 1, 2, 3: Medal
- Grand Kahunas M all nationalities (Born 1976 or earlier) : 1, 2, 3: Medal
- Grand Kahunas F all nationalities (Born 1976 or earlier) : 1, 2, 3: Medal
- Recreants M all nationalities (no age category) : 1, 2, 3: Medal
- Recreants F all nationalities (no age category) : 1, 2, 3: Medal
- Cadets M all nationalities (U16, born in 2010 and 2011. Kids are allowed to participate with Cadets) : 1, 2, 3: Medal
- Cadets F all nationalities (U16, born in 2010 and 2011. Kids are allowed to participate with Cadets) : 1, 2, 3: Medal





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1. Venue, Organiser, Date

Venue	Organiser	Date
Surfclub Windekind, Zuidenwindhelling 1 - 8670 OOSTDUINKERKE, Belgium	Surfclub Windekind and the BST	27/06/2026

Regatta committee Vincent CLAESKENS (director), Belgian SUP Tour
 Protest committee Vincent CLAESKENS, Belgian SUP Tour
 Technical committee Vincent CLAESKENS, Belgian SUP Tour

2. Contest rules

1. Definitions:

- A fleet is a number of competitors entered for a particular title, full fleet are all competitors entered for the race.
- The race course will be clearly marked by means of beach flags (on the shore), buoys (on the water), and/or fixed landmarks on the course (bridges, fixed buoys, makings...).
- The race course will be determined by the race director according to circumstances and presented at the skippers' meeting.
- The race course may consist of several course laps, a defined route on the water past buoys and/or gates.
- Participants are requested to leave the course no later than 10 minutes before the start and 5 minutes after the start. Participants who are on the course outside their race or course lap will receive a warning. Repeat offenders will be disqualified.
- The skippers' meeting is the time when the course of the race is announced. Participants are given information here about the course, the race categories, the race and safety rules and the general course of the day(s). Questions from participants will also be answered by the race management at that time.
- Drafting: a competitor is drafting if he/she is within 1 board length of the back of another competitor's board, the side of another competitor's board or at the side or back of another vessel on the race route for more than 1 minute.



2. **The event is subject to the rules as defined in the ISA SUP Rules**

<https://isasurf.org/wpcontent/uploads/2022/04/ISA-RULEBOOK-April-2022-clean.pdf>

In case of conflict between languages, the English text will prevail.

In case of contradictions, determination during the skippers' meeting are decisive, thereafter this race rulebook, thereafter in the ISA rulebook.

3. **Every participant** must have the required licence or hold a valid individual liability and accident insurance (see details in section 3).

4. **Race**

Participants stay with their board and paddle throughout the entire race. Of course, they are allowed to leave the water after each finish. Competitors on the race course outside their race or course lap will be warned. On a second offence, they will be disqualified.

3. **Insurance and assumption of risk**

- a. By participating in this event, a participant confirms and agrees that Paddlesport can be a dangerous activity with associated risks. Inherent in Paddlesport is the risk of permanent, catastrophic injury or death from drowning, hypothermia or other causes.
- b. The organising authority accepts no liability for material damage or personal injury or death caused in connection with or before, during or after the competition series. Participation in the competitions described in these competition rules is at one's own risk. By and with registration, participants expressly accept this risk. Both BS&S, WWSV, ISAsurf, BST and the organising clubs and all their managers, volunteers, appointees or their sponsors can in no case be held responsible for any damage, loss or accident, on the water or on land, to or from the participants and their equipment. Participants have at least the insured guarantees provided in the insurance membership with Wind and Watersport Vlaanderen vzw. They have this through their membership with a club affiliated to WWSV or through their affiliation with an official domestic or foreign association that includes insurance with at least the guarantees Civil liability of Wind and Watersport Vlaanderen vzw.



- c. It is the individual decision and responsibility of each competitor to decide regarding the race or its interruption at any time, considering their own safety, other participants of the event and third parties. Each competitor or his/her representative agrees to these conditions by completing the entry form.
- d. Participants without a membership described in this section can enter into a temporary affiliation including Civil liability and Bodily injury insurance (can only be for 1 match per year)
- e. Each participant must be insured for civil liability with a minimum amount of €1,500,000 per incident or its equivalent.

4. Code of conduct

- a. Competitors and their supporters will follow the instructions given by the organiser, race director, technical director, judges directly or by people responsible for organising the regatta.
- b. Competitors not taking part in a race are to stay outside the water area where a race is taking place. While racing is on a paddling not being in a race is allowed without a race identification only.
- c. Unsportsmanlike conduct:
 - a. Intentionally physically harming another competitor with any part of the body, paddle or board;
 - b. Deliberately impeding another competitor's ability to race;
 - c. Shouting at the start to confuse other competitors, jamming the starting signals, and anything else intended to create a false start;
 - d. Unjustified shouting at other competitors during a race;
 - e. Deliberate destruction of equipment.

5. Media rights

- a. The organising authority may provide vests to be worn by participants as permitted by the ISASUP Advertising Code.
- b. By and with registration, the participants give their express consent to the organisers to collect and make, use and display at all times and at their own decision all personal, still and moving images obtained from the participants - individually or in groups - taken during the competition day.
This data and images may be shared with third parties for commercial and non-commercial purposes. (e.g. press releases, publications on external and social media).



c. Data protection:

By participating in this event, participants automatically grant the organising authority and sponsors the right, without compensation, in perpetuity and at their sole discretion, to make, use and display any photographic, audio and video recording and other reproductions of them made on the water or at the event venue from the time of their arrival at the venue to the time of their final departure.

6. Identification and advertising

a. Competitors will wear and display the following:

- a. A race identification with an individual starting number worn, visible at any time being in a race;
- b. Materials advertising of the event.

b. Competitors may use their own advertising, but they are required to wear race identifications with advertising signs of the sponsors of the regatta, when participating in competitions, trainings, official presentations (opening and closing ceremonies, interviews, photo sessions).

c. Competitors are obliged to place the organiser's advertisement on the board, if one is provided.

7. Doping

The organiser is clearly against, for ethical and medical reasons, doping practices in sport. We fully support the Olympic Movement and the NADO Vlaanderen, the FWB Anti-Doping, both member of the WADA - World Anti-Doping Agency in the fight against the use of prohibited substances and doping methods. The organiser adheres to the Polish Anti-Doping Agency code as a means of ensuring a clean, healthy and fair atmosphere during sports competitions.

All info about the regulations of the Flemish Community and Self-Governing Body Doping Authority apply: www.dopinglijn.be.



8. Equipment inspection

- a. The boards will be available for inspection during the regatta.
- b. The boards of podium finishers can be subject to length control.

9. Protest, Decisions

- a. A protest sheet will be available in the judge's area.
- b. A competitor may protest in any circumstance worsening his/her result by another competitor, the race committee or a third party.
- c. A competitor must inform the race committee of his/her intention to protest immediately after a completion of the race. In a case of sprint and technical races the protests will be heard once the series are finished.
- d. The condition for hearing a protest is to inform a protested at the first opportunity. If a protest concerns an incident in the racing area, a protestor must hail "Protest", loudly and, if possible, indicate a number of the protested.
- e. Both parties to a protest and witnesses take part in a hearing.
- f. Protests can be supplemented with photo or video evidence.
- g. Hearing of the protest is direct and a decision of the protest committee is final.
- h. Decisions of the protest committee will be immediately made public.
- i. Disqualifications procedures:
 - a. The race director or other designated person should immediately notify a disqualified competitor as soon as possible, stating a reason for the disqualification.
 - b. A competitor has 30 minutes to submit DSQ protest from the moment of notification.
- j. A competitor may obtain a redress for an impaired score as a result of the action of the third party.
- k. The protest against a decision of the race committee will be decided by the organiser.



10. Start and finish, starting procedure

The starting procedure will be confirmed by the race director and presented at the skippers' meeting.

The start can be between buoys, beach flags, on shore, or on the water, as determined during the skippers' meeting.

- a. Depending on the number of entries, it will be possible to start separately (M/F) in the elite class. The recreants and Cadets (U16) will also start separately.
- b. Beach start: paddle and board in hand and the competitor's feet do not cross the starting line before a starting signal. The starting is line between the flags or under an inflatable gate.
- c. Water start: no part of the board crosses the starting line before the starting signal. The starting line between the edges of the buoys facing outside the course. The competitor's starting position (sitting or standing) will be announced at the race safety briefing.
- d. Mark Rounding – Right of Way Rules
When approaching a turn buoy, if two paddlers are considered "even" (neither has more than half a board length lead), the inside paddler has the right of way. If one paddler has a lead of at least half a board length, that paddler has right of way, even if they are on the outside. Any form of impeding, blocking, or physical interference while rounding is prohibited and will lead to penalties or disqualification. Touching or shifting a buoy is not grounds for disqualification unless a clear advantage is gained. Rounding a mark on the incorrect side or in the wrong order will lead to disqualification unless corrected before crossing the finish line.
- e. Beach finish: the competitor finishes the race by crossing the finish line with a paddle in his/her hand in a walking or running position. The board is left on the shoreline, except for the sprint prologue, in which a competitor crosses the finish line with a paddle and a board in hands. The finish line is under the flags or under an inflatable gate. The finish line has been crossed from the moment any part of the body has crossed it.
- f. Water finish: the competitor finishes the race in a stable standing position when the nose of his board crosses the finish line. A stable standing position is a position in which a competitor can maintain balance for a minimum of 5 seconds. The finish line is between the edges of the buoys facing inside the course.



11. Drafting

You are always allowed to draft with participants from your own race category.

- a. It is not allowed to draft behind other vessels.
- b. When drafting, you may not interfere with another participant by tapping or the like.
- c. If this is detected, a penalty will be handed out to the person who hindered.
- d. The first 200 metres are available for clearing unauthorised drafting.
- e. The drafting rules do not apply if there is no room to exit the draft. As soon as circumstances allow, the participant must leave unauthorised draftees.
- f. A competitor in an unauthorised situation will be disqualified.

12. Equipment

- a. All types of single-hull SUP boards with a maximum length of 14 feet (427cm) and single-bladed paddles will be allowed to compete.
- b. It will not be allowed to be propelled by any other means than a paddle.
- c. Competitors will race on their own equipment.
- d. The use of cameras, timers, compasses and portable satellite devices will be allowed.
- e. The use of hydration bladders will be allowed.
- f. It will be mandatory to use safety leashes in accordance with the Belgian rules. Life vests or life buoys may be required if conditions dictate.
- g. Hydrofoils will be allowed in foil downwind races only.

13. Communication with competitors

- a. The Official Notice Board and event management documentation on official whiteboard.
- b. General information will be available on the website: www.belgiansuptour.be .
- c. Informal communication will be exchanged on www.belgiansuptour.be, Facebook, Instagram and TotalSUP.
- d. With an exception of communication with the race committee, a competitor may not transmit or receive information that is not publicly available to all participants.



14. Changes to the notice of race

Any change to the NoR identification will be made public not less than 20 minutes before it goes into effect.

15. Safety rules

- a. Competitors not intending to take part in their scheduled race must immediately notify the race committee of this fact.
- b. A leash or safety vest/ buoy will be required for all competitors during technical and long-distance races.
- c. Races may be abandoned due to strong wind, rain, fog or other circumstances threatening competitors.
- d. In above case, the race committee may allow competitors who will be at a safe distance from a finish line to finish the race. The remaining competitors will have to leave the water or enter security boats. Failure to comply with the organiser's instructions will result in disqualification from the event.

16. Outside help

- a. Any assistance from support boats or other helpers during the race, for propulsion purposes not caused by the paddler's own power, will result in a relegation to the place behind the last finisher.
- b. It is NOT allowed to change SUP boards during the race.
- c. It is allowed to change paddles during the race.



17. Victory ceremony

Following stages will be declared after the race:

Stages for the Belgian Championships TR (Belgian nationality only)

- Elites M all: Belgian Champion Lycra, 2 and 3: Medal
- Elites F all: Belgian Champion Lycra, 2 and 3: Medal
- Grand Master M (Born 1986 or earlier)
- Grand Master F (Born 1986 or earlier)
- Grand Kahunas M (Born 1976 or earlier)
- Grand Kahunas F (Born 1976 or earlier)
- Recreants M (no age category)
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BST annual rankings are determined based on results in each age category. For details, see www.belgiansuptour.be.



18. Competition rules

- a. Communication and specific timing will be confirmed by the competition organiser no later than 48h before the competition via <https://belgiansupotour.be>, FB and Instagram.
- b. The race rules will also be available from 8:00AM at Surfclub Windekind, Zuidenwindhelling 1 - 8670 OOSTDUINKERKE, Belgium (Cfr. Intro 1st page).

19. Competition, Classes, Age categories

Kids (U14) are free to choose to compete in the 'Cadets' class and U16s (Cadets) are free to choose to compete in the 'Open' class. It is not possible to change age group or category (Elites, Cadet, Kids, Recreants) during the season.

Age categories:

Elite Junior: born in 2008 or later.

Seniors age Categories: born in 1998 or earlier.

Masters age Categories: born in 1991 or earlier.

Grand Masters: born in 1986 or earlier.

Kahunas: born in 1981 or earlier.

Grand Kahunas: born in 1976 or earlier.

Super Kahunas: born in 1966 or earlier.

Youth Categories:

Cadets: Boys born in 2010 or later.

Kids: born in 2012 or later.

Recreational Categories: no age limit, for non-competitive participation.

To create age categories, a minimum of 5 competitors of the same gender will be required who actually compete.

At least 5 competitors will be required to run the competition in individual races.

It will not be possible to combine genders to create an age category.



20. Applications, Registration, Terms of participation, Entry fee

- a. Applications will be accepted by submitting the application form provided at www.belgiansuptour.be. Competitors will confirm their participation by collecting their starting packages on Saturday, 27/06/2026, between 09:00 and 10:30 (Cfr. Intro 1st page).
- b. Applications will be accepted provided that all required data is sent and the entry fee is paid. It will still be possible to register and check-in on the same day, for an additional fee as indicated above.
- c. Terms of Participation. Registration for the regatta is tantamount to acceptance of the rules and conditions of participation in the regatta. By registering for the event, the competitor declares that:
 - a. She/he will not participate in the event under influence of alcohol and drugs or substances that impair psychomotor skills,
 - b. She/he has no contra-indications to practicing water sports, especially Stand Up Paddling, exercise and participation in sport competition,
 - c. At the time of the start, her/his health is good and participation in the regatta does not pose a threat to her/his health and life, and that she/he does not have any chronic or other diseases disqualifying her/him from starting (cardiovascular diseases, respiratory diseases, injuries and post-traumatic conditions, osteoarticular diseases and other not listed),
 - d. She/he was informed about threats in the regatta area,
 - e. She/he possesses an individual liability and accident insurance for participation in the regatta,
 - f. She/he will comply with the safety regulations - point 15.
- d. On behalf of an underaged competitor, the provisions of NoR are accepted by an adult who is a parent or a legal guardian and additionally a guardian (a coach) under whose supervision an underaged competitor remains during the regatta.
- e. The organisers reserve a right to accept, reject and cancel competitors' applications to compete in the event. The organiser may remove a competitor from a race if a competitor is judged to be physically unable to continue without risk of injury.
- f. Entry fee amount and payment deadlines according to the table below:



Category	Full entry fee	Full fee deadline	Last minute fee
Open, GM40, GK50	€ 25,-	Until 25-06-2026 (Cfr. Intro 1 st page)	€ 28,-
U16	€ 15,-		€18,-
Recreants	€ 20,-		€ 23,-

- g. The entry fee is non-refundable, except in the event of cancellation of the regatta. In a such case the organiser is not responsible for any expenses incurred by the participants.

21. Schedule (Cfr. Intro 1st page)

Date	Activity	Hours	Place
25/06/2026	Closing online subscriptions	18:00	www.belgiansuptour.be
27/06/2026	Last minute subscription registration	9:00 – 10:30	Surfclub Windekind, Zuidenwindhelling 1 - 8670 OOSTDUINKERKE, Belgium
27/06/2026	Skippers' meeting	11:00	Surfclub Windekind, Zuidenwindhelling 1 - 8670 OOSTDUINKERKE, Belgium
27/06/2026	First possible start procedure. Last possible start procedure	12:00 – 17:00	Surfclub Windekind, Zuidenwindhelling 1 - 8670 OOSTDUINKERKE, Belgium
27/06/2026	Official closing ceremony	18:00	Surfclub Windekind, Zuidenwindhelling 1 - 8670 OOSTDUINKERKE, Belgium



22. Courses

- Addendum 1 shows course diagrams for all competitions with approximate distances, indicating the side of the passing marks and the location of the start and finish lines.
- A course may be shortened or changed due to severe weather conditions.
- Starting procedure:

Signal	Meaning	Type of sound
Preparation	5 minutes to go	Two short sounds
Warning	1 minute to go	One short sound
Start	Into the last minute!	One shot
False start	Return to start line	Three short sounds

23. Start and finish time limits

- Start and finish line closing times:

Type of race	Start line closing time	Finish line closing time
Sprint (NA)	30 seconds	5 minutes after the starting signal
Technical (NA)	1 minute	20 minutes after the starting signal
Long Distance	1 minute	120 minutes after the starting signal

- Competitors who finished a race must leave a finish zone.
- Competitors who abandoned a race, failed to meet a finish line closing limit or were disqualified may not cross a finish line.
- A competitor who has started may change an equipment but she/he needs to cross a start line again to continue a race.



24. Ranking, Scoring (Updated Two-Race Format: Mass Start + Pursuit)

Each category competes in two consecutive heats: a Mass Start followed by a Pursuit. The final result is based on the combined time of both races. This format applies separately to all women's and men's categories.

Mass Start – Format and Grouping

- The women's Mass Start includes:
 - Elite Women: 3 laps (± 3.000 m)
 - Cadet Women and Recreational Women: 2 laps (± 2.000 m)
- The men's Mass Start includes:
 - Elite Men: 3 laps (± 3.000 m)
 - Cadet Men and Recreational Men: 2 laps (± 2.000 m)
- All participants within their respective gender group start at the same time.
- Starting line positions are assigned by random draw.
- Each athlete completes the number of laps defined for their subcategory.

Pursuit – Format and Start Timing

- The women's Pursuit follows the women's Mass Start.
- The men's Pursuit follows the men's Mass Start.

The Pursuit start is reversed from the Mass Start result:

- The last finisher from the Mass Start starts first, followed by the second-to-last, and so on.
- The start time gaps are equal to the time differences recorded between athletes in the Mass Start.
- The first finisher of the Mass Start starts last, with the exact time delay reflecting the lead gained in the previous race.

Final Classification

- The overall winner is the competitor with the shortest total time across both races (Mass Start + Pursuit).
- The Mass Start result determines placements, but not the time gaps.
- The Pursuit finish order is not final ranking.



Scoring – Technical Race

The winner of the Technical Race is determined by the fastest total time from both races (Mass Start + Pursuit). Time gaps from the Mass Start are carried over into the Pursuit start.

- a. The final scoring will be based on the Small Point System (a competitor with the fewest points wins):

Rank	1	2	3	Every next one	DNS/DNF/DSQ
Points	1	2	3	Add 1 point	Number of competitors registered for the particular type of competition + 1

- b. If a race is aborted for part of competitors, the competitors who were ordered to leave the water will score one point more than a last competitor who managed to finish.
- c. If a race is aborted for all competitors, the competitors being in the race will be given the same place with the same points. If a competitor has been penalized in the aborted race with a time penalty, this time will be added to time when a race was stopped.

25. Prizes, Victory ceremony

Winners will get medals with an overlay informing about a rank in the given competition.

- a. Medals for each age category:

Place	BC Sprint	BC Technical	BC Long distance
1	YES	YES	YES
2	YES	YES	YES
3	YES	YES	YES

- b. The organiser may reduce or cancel a prize for a competitor in case of the culpable, failure to comply with these rules.
- c. Prizes will be awarded only for fully completed competitions.



26. Contact details

Contacts of the organiser's office:

- Vincent CLAESKENS ✉ vincent@belgiansuptour.be ☎ +32 497/51 50 70
- Florence CLAESKENS ✉ info@belgiansuptour.be

Copying, processing, dissemination of these regulations in whole or in part without the consent of the organiser is prohibited.

27. History of changes NoR identification

- 11th April 2026 - first publication
- 05th May 2026 – Final Publication

28. Practical

Appendix 1: Protest sheet

Appendix 2: Own risk statement

Appendix 3: Race course



Appendix 1

PROTEST SHEET

Received by: at (time):

Name and Number requestor Number:

Class: Subcategory:

FORM:

1) Event: Date:

2) Kind of protest:

- Protest competitor against competitor
- Protest from official against competitor
- Protest from competitor against organisation

3) Participant or boat protested against:

Number(s) of competitor(s):

Class (if known):

4) Incident:

When and where the incident took place?

.....

Rules allegedly broken?

.....

Witnesses:

.....

.....

5) Description of the incident (possibly with drawing. Use another sheet if necessary)



Appendix 2

NUMBER:

Own Risk Declaration SUP/PRONE/SURFSKI

By signing this form, the undersigned (the "Participant") accepts that organising party, nor their collaborators, BSF, WWSV, ISAsurf, BST, BNST, SUPNL as the organising clubs and all their managers, volunteers, appointees or their sponsors, can be held liable for any injury or damage of any kind.

The undersigned is aware that participation in the **SUP/PRONE/SURFSKI** event is at your own risk!

The participant must be in good health. He is not allowed to participate if he suffers from neck or back problems, is pregnant, has or has had heart problems, is under the influence of medication, drugs and/or alcohol. It is the participant's responsibility to decide whether or not he can participate. In case of doubt, the Organisation always has the right to refuse the Participant.

- Participant is required to have swimming certificate A, third-party and health insurance
- Participant is present at the skippers meeting and must comply with the general rules on the water, in case of reckless sailing, collision, cutting off. ISASurf and ICF Sup Canoe Racing competition Rules 2022 will be followed.
- Participant declares to be an experienced water sportsman and able to complete the course to be completed in his discipline within a reasonable time.
- Participant declares to be in good mental health.
- Participant declares that any footage and results may be used for social media or the like (this in connection with AVG).

Name:

Email:

Address:

Mobile:

Postal code:

Age:

Place:

Date and signature:

men ladies Kid (Signature of parent or guardian required up to 18 years)

NB: If you do not understand this form, you are required to report it before the start of the activity!

